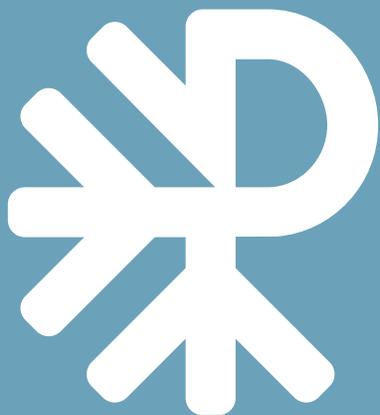


POLAR PLUNGE



AN EVENT TO BENEFIT  
SPECIAL OLYMPICS NEBRASKA

**Knights of Columbus  
Council No. 7021**

**Auburn Eagles  
FOE 3767**



**SATURDAY, MARCH 7, 2015  
SOUTHEAST NEBRASKA LEGION  
MEMORIAL PARK, AUBURN, NE**

**POLAR PLUNGE  2015**

# JUMP IN...

## THE WATER'S EXTREMELY FRIGID BUT UNSEASONABLY WELL-GUARDED.

The Southeast Nebraska Polar Plunge will again feature "dumpster diving." Participants will be plunging or just plain old jumping from a platform into an industrial-sized dumpster filled with seasonably frigid water. And yes, stairs will be provided to help you exit the dumpster if you so choose.

As always, all of the proceeds from this event will help support the more than 5,000 intellectually disabled athletes who are part of Special Olympics Nebraska.

## PLUNGERS: PRIZES WILL BE HANDED OUT TO THOSE WHO GO ALL OUT.

A plunger can be anyone with enough nerve and heart, willing to dip more than their toes in some freezing water for a good cause. Minimum donations start at \$50. Plungers can participate on an individual basis or be part of a team. And if you're taking the plunge, just know that this event is all about having fun while doing good. In other words, dress up in a costume or come up with a theme for your team, the wackier the better.

Prizes will be awarded for:

- Most Outrageous Costume
- Top Male and Female Fundraiser
- Most Original Team Theme
- Youngest Plunger
- Oldest Plunger

## SECURING PLEDGES

Each plunger must raise at least \$50 in order to plunge. But, we encourage everyone to raise as much money as possible—or as we like to put—you're freezin' for a reason! To help you do so, Special Olympics is one of the only non-profits in the region offering the Firstgiving fundraising tool. Add your own personalized information at ([firstgiving.com/sone](http://firstgiving.com/sone)) and then forward the page to all your friends. This webpage allows your friends and family to see the total amount you've raised to-date, and you can even challenge everyone you know to contribute a specific amount. Use this page to tell your plunge story, whether you're doing it for the first time or the fifty-first.

## PLEDGE INCENTIVE LEVELS

(ALL PLEDGE INCENTIVE LEVELS ARE CUMULATIVE)

- \$75 Polar Plunge Long-Sleeved T-shirt (adult and youth sizing)
- \$250 Polar Plunge Hooded Sweatshirt (adult and youth sizing)
- \$500 Polar Plunge Bag
- \$1,000 Polar Plunge Cooler
- \$3,000 Polar Plunge Soft-Shell Jacket (men's, women's and youth sizing)

(Similar prizes may be substituted)

Hooded sweatshirts, bags, coolers and jackets will be fulfilled online and shipped to your door. Many great prizes are available for whatever level in which you choose to participate. So jump in.

## CHECK-IN AND POST-PLUNGE PARTY

Check-in begins at 12:30 p.m. Teams and individual plunges will start at 2 p.m. Immediately following the plunge, plan to join Special Olympics Nebraska and the rest of our supporters at the annual Post-Plunge Party at Eagles Club, located at 1017 Central Ave. (on Hwy. 136). For more information, check out the Plunge Page at [sone.org](http://sone.org).

## REGISTRATION FORM

For more information, please contact us at:

Special Olympics Nebraska  
9427 F St, Omaha, NE 68127  
402-331-5545

[kryan@sone.org](mailto:kryan@sone.org)  
[www.sone.org](http://www.sone.org)

Plunger Name\* \_\_\_\_\_

Team Name\* \_\_\_\_\_

Age \_\_\_\_\_

SONE Team Name (if applicable) \_\_\_\_\_  
(Your donations will directly support this team)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Email address\* \_\_\_\_\_  
\*Required fields

### RESPONSIBILITY WAIVER (Must be signed)

I, for myself, my executors and administrators, do hereby release and discharge Special Olympics Nebraska and all sponsors from all claims of damage, demands, actions, causes of actions, in any manner occurring from my participation in the 2015 Polar Plunge event. I give full permission for use of my name and photographs in connection with this event.

Signature \_\_\_\_\_

Parent/Guardian Signature\* \_\_\_\_\_

\*If under 18, parent/guardian signature is required

Date \_\_\_\_\_

IMPORTANT: Please bring this signed and completed form, along with your pledges, to the registration site the day of the plunge. All online donations will be added to your total. In order to qualify for incentive prizes, any late donations must be turned into the SONE state office two weeks after event date.

### TOTAL CONTRIBUTIONS

Cash/Check Total \$ \_\_\_\_\_

Firstgiving Total \$ \_\_\_\_\_

Company Match Total \$ \_\_\_\_\_  
(Please include company forms with your contribution.)

Total Collected: \$ \_\_\_\_\_

Please make checks payable to **Special Olympics Nebraska**.

